Dig a hole in the ground, approx. 20 cm deep and about 50 cm in circumference. If you live in a city, it can be a difficult task to find a spot where the soil is soft enough to access and where you don't feel super weird being in contact with nature in this way. In this case you might want to take a fieldtrip.

Take the soil you've just dug up and put it in a bucket with a lid or in a piece of fabric you wrap into a parcel with a string or something. This container is loaded with earthly energy, memories and most importantly, millions of bugs, worms, nematodes, bacteria and other small creatures, who will all help you.

Choose a suitable place to perform the Connecting New Connections spell. If you choose to do it in a public space, think carefully about how you organize the space around you, making it easy to join and take part but difficult to destroy.

Place the parcel or bucket in front of you, open it carefully and greet your new friends. Visualize all the more than human connections between people, objects, vegetation and wildlife around you, including yourself. Remember to visualize the connections with all the creatures that live in and on your body. Keep doing this until you see nothing but connections. Meditate on the connections as energy radiating and pulsating. Feel how you become one with the pulse. The pulse of the universe.

Slowly begin to repeat the following spell. You can repeat it quietly to yourself or chant it out aloud. If you feel comfortable, repeat it louder and louder. Repeat at least three times but if you get into a flow, just keep going as long as you want to.

'Revolution is coming
We're coming together
First world imperialist white supremacist capitalist patriarchy will soon fall
Economic speculation is over
Speculative feminism is awakening
Dreaming new dreams together
Thinking new thoughts together
Worlding new worlds together.'

When you are done, feel the completeness of the work.

Return the soil and its inhabitants safely to their original habitat.

Thank them and let them know you are sorry to have disturbed them.

Before you fill the hole, chant the spell into the hole three times and visualize that your words reach the inner core of the earth.